



DID YOU KNOW?

Did you know of all the systems in your body Respiratory, Digestive, Reproductive, Cardiovascular, Endocrine, etc., the ONLY SYSTEM completely encased in bone is your Central Nerve System (C.N.S.)? Why would this be? Why would your C.N.S. be the only system completely encased in bone? I'm not a private detective although I enjoyed episodes of Columbo growing up. I submit to you intelligent reader, that the reason for this is because the C.N.S. is CENTRAL to our being.

INTERESTING FACTS

Think about it. Think about the actor Christopher Reeves who suffered a trauma to his upper cervical area (neck) just below the skull. Fracturing this site caused damage to the spinal cord and rendered him a quadriplegic. He was put on a respirator but he didn't hurt his lungs. He was put on a pacemaker but he didn't hurt his heart. He was put on a ventilator but he didn't hurt his lungs. He was put on a colostomy bag but he didn't hurt his bowel. He couldn't move his arms or legs but they weren't injured either. What happened?



THE TRUTH

We recognize the human body is a self-healing, self-regulating organism. The C.N.S. is the master system and controller of that body. Therefore, we must surmise that any interference with this system will decrease the body's ability to heal and regulate.





So I ask...Does it make sense to you to care for your spinal alignment BEFORE it starts to cause pain? Understand, pain is always the LAST to show up in all disease. This includes spinal decay. Do your discs degenerate over night? Do you develop arthritis overnight? Remembering the above anatomy and physiology lesson will give you an incredible advantage in staying vital over your lifetime. Using chiropractic services for pain treatment only is like waiting to see the dentist until you need a tooth pulled.

POSITIVE THINKING

Keep your spine at the forefront and foundation of your wellness model because it's there to protect you. It's letting your C.N.S. go to work so your body can think, organized and heal. Letting in spine-decay is letting in dis-ease.



TESTIMONIAL



JUDY G.



Such kind and professional staff. Always greet with a smile. Always on time. Most of all, Dr. Condon is a skilled caregiver who really cares about his patients. The before and after X-rays of my spine clearly show the progress made. My husband and I have both benefited from the care we received at ally spine center.



www.allyspinecenter.com



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